An Analytical Study About Obsessive Compulsive Obsessions of Prospective Teachers

Nihat Çaliskan

Ahievran University, Faculty of Education, Kirsehir, Turkey
E-mail: ncaliskan@ahievran.edu.tr

KEYWORDS Obsessive Compulsive Disorders. Prospective Teachers

ABSTRACT In this descriptive study, it is aimed to analyze the obsessive compulsive disorders that prospective teachers of psychological counseling department. It is detected that 188 (98.4%) prospective guidance teachers in sample group have any obsessions and three of the prospective teachers do not have any. It is determined that the three of the prospective teachers made use of psychological support in order to get rid of these obsessions and benefitted from it. While there is not a significant difference among variables such as gender, grade and geographical region, mostly mentioned obsessions can be stated as suspicion (42%), hygiene (37.2%), symmetry (30.9%), consummation (24.5%) and accumulation (19.7%). In addition, obsessions of marriage (0.5%) and map (1.6%) are mentioned at lowest level. When prospective teachers’ obsessions are investigated according to sex characteristics; it is determined that women’s mean rank is higher on obsessions such as cleaning, counting, symmetry, illness and the black art, while on the other hand, men’s mean rank is higher on completing, repeating, echolalia, marriage, believing to be sinful, suspicion and sexual obsessions.